

HUMAN DEVELOPMENT RESEARCH REVIEW

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Human Development Research Review: Aims and Scope

HELP’s Human Development Research Review (*HELP Reads*) aims to expand awareness of topics in human development, particularly social epigenetics, social determinants of health, socio-emotional learning, Aboriginal children and youth, and family policy. *HELP Reads* connects health academics, advocates, and professionals with online and publicly available research, news, and information. This review focuses on listing articles relevant to human development research activities at HELP. The review accepts and welcomes contributions provided they meet *HELP Reads* standards. This review is not official or peer reviewed. It does not cover all research, news, and information, and HELP is not responsible for the accuracy of the content from media or databases. How to access the items? Click on the link related to each entry and it should take you to the item. Not all links are open access; some are abstract links where paid journal subscription is required. HELP Reads is posted monthly; please see: www.earlylearning.ubc.ca/library/citations.

EDITOR PICKS

Benefits of Extracurricular Participation in Early Adolescence: Associations with Peer Belonging and Mental Health.

Eva Oberle, Ryan Ji, Martin Guhn, Kimberly Schonert-Reichl, Anne Gadermann

“Extracurricular activities that nurture a sense of belonging with peers appear to bolster preteen’s mental health...”



WE Schools Educator Summit keynote from Dr. Kimberly Schonert-Reichl.

WE was live – at WE Global Learning Centre (Toronto, ON).

HELP Director Kim Schonert-Reichl discusses the importance of infusing mental well-being into the classroom.



Canadian Neighbourhood Index for Socioeconomic Status Associated with Early Child Development.

Barry Forer, Anita Minh, Jennifer Enns, Simon Webb, Eric Duku, Marni Brownell, Nazeem Muhajarine, Magdalena Janus, Martin Guhn

“This new tool will help us understand patterns of children’s developmental health as they relate to social determinants of health. It can be used in combination with other datasets to examine neighbourhood effects on children’s developmental health outcomes.”



The Orchid and the Dandelion: Why Some Children Struggle and How All Can Thrive. [Tedx Palo Alto, May 2019]

W Thomas Boyce, Professor Emeritus

“Tom Boyce’s research addresses individual differences in children’s biological susceptibility to social contexts, such as the family, classroom and community. His work demonstrates that a subset of children (“orchid children”) show exceptional biological sensitivity to their social environments and bear higher risks of illness and developmental disorders in settings of adversity and stress.”



HUMAN DEVELOPMENT RESEARCH REVIEW

HELP FACULTY and AFFILIATE (selected publications)

1. Forer B, Minh A, Enns J, Webb S, Duku E, Brownell M, et al. **A Canadian Neighbourhood Index for Socioeconomic Status Associated with Early Child Development.** Child Indicators Research. 2019. Available from: <https://doi.org/10.1007/s12187-019-09666-y>.
2. Oberle E, Ji XR, Guhn M, Schonert-Reichl KA, Gadermann AM. **Benefits of Extracurricular Participation in Early Adolescence: Associations with Peer Belonging and Mental Health.** J Youth Adol. 2019. Available from: <https://doi.org/10.1007/s10964-019-01110-2>.

HELP RESOURCES

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BIOLOGY/NEUROBIOLOGY (“early experiences”)

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5. Little K, Olsson CA, Whittle S, Macdonald JA, Sheeber LB, Youssef GJ, et al. **Sometimes It’s Good to be Short: The Serotonin Transporter Gene, Positive Parenting, and Adolescent Depression.** Child Dev. 2019;90(4):1061-79. Available from: <https://onlinelibrary.wiley.com/doi/abs/10.1111/cdev.12987>.
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8. Tang A, Fox NA, Nelson CA, Zeanah CH, Slopen N. Externalizing trajectories predict elevated inflammation among adolescents exposed to early institutional rearing: A randomized clinical trial. Psychoneuroendocrinology. 2019;109:104408. Available from: <http://www.sciencedirect.com/science/article/pii/S0306453019300253>.

CHILDCARE, ECD SERVICES

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2. British Columbia Ministry of Education, Ministry of Health, Ministry of Children and Family Development, Early Learning Advisory Group. **British Columbia Early Learning Framework**. Victoria, BC: Government of British Columbia; 2019 Aug. Available from: <https://www2.gov.bc.ca/gov/content/education-training/early-learning/teach/early-learning-framework>.
3. Canada - Employment and Social Development Canada. **Expert Panel on Early Learning and Child Care Data and Research**. Ottawa, ON: Government of Canada; 2019; Available from: <https://www.canada.ca/en/employment-social-development/programs/early-learning-child-care/expert-panel.html>.
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CHILD DEVELOPMENT (GENERAL)

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2. Batista MB, Romanzini CLP, Barbosa CCL, Blasquez Shigaki G, Romanzini M, Ronque ERV. **Participation in sports in childhood and adolescence and physical activity in adulthood: A systematic review**. *J Sports Sci.* 2019;37(19):2253-62. Available from: <https://www.tandfonline.com/doi/full/10.1080/02640414.2019.1627696>.
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INDIGENOUS

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6. Harper NJ, Lim C, Alqallaf H, Naylor PJ. **A case study exploring the 'real world' process of 'naturalizing' school playgrounds.** *Int J Environ Health Res.* 2019:1-17. Available from: <https://doi.org/10.1080/09603123.2019.1656174>.
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MIDDLE YEARS

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PARTNERSHIPS, HUBS, INTEGRATED CENTRES/SERVICES

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POLICY, PRACTICE, INTERVENTIONS

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SCREENING (tools, methods, school readiness, etc)

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SOCIAL DETERMINANTS

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SOCIOEMOTIONAL

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MEDIA (HELP general)

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SPECIAL (Children's Environmental Health)

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HUMAN
EARLY LEARNING
PARTNERSHIP



For more information visit
www.earlylearning.ubc.ca/library/citations

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